



I am a Girl. My rights are
Human Rights.

By RZA

In several places in the world girls are mistreated and thought to be unequal to men. These girls face discrimination. Because a girl is considered different she may be unable to go to school, unable to accomplish certain things, or unable to follow her dreams. Picture yourself in this kind of a life. How would you feel?

Did you know that 70% of the 1.4 billion people living in extreme poverty are girls and women? This is equivalent to 30 Canada's worth of girls in this kind of a situation. In the poorest of countries, almost 62 million girls are also not attending elementary or high school. Can you imagine what your day would be like as a girl if you did not go to school?



Fact Sources: Because I am a Girl

by RZA 2015
www.mymindmyhand.org

Girl's rights are important. A girl is the center of a community. Think about the women in your life. A girl is not just a girl. She is your mom, your sister, your wife, your... teacher. She can inspire others to believe and she can pass on knowledge.

Girls do have power. In fact, when girls are educated and nourished, they are creating a better future for their entire community. They can do this because, if they have the knowledge, they can start their own businesses as an entrepreneur, and may have a steady income for food, education, and shelter. She can spend the money in her community, which then helps others. This is a cycle of sharing.

My rights should allow me to accomplish anything a man can do. Take jobs for example. There are specific jobs that are thought to be only for men. Some people believe the stereotype that men are better than women. But the truth is... there is no difference between men and women.



We, as a community can begin helping girls by donating laptops. With a laptop a girl can download learning apps and be educated even without attending school. We could also donate textbooks which a girl can use to learn. You can help by finding any books that you do not read anymore and donating it to girls in poverty. You can likewise, buy and donate school supplies.

When girls can learn, they can pass on knowledge, they can lift up their communities. It's up to you to help.

“Such are the places where every man, woman, and child seeks equal justice, equal opportunity, equal dignity without discrimination”. (Eleanor Roosevelt The Great Question, 1958.)

I myself believe that my self-worth is only determined by me; we need to pass this message on to other girls. Will you help me?



Learn more at my website:

www.mymindmyhand.org

(Coming soon)

Raisa Z.A.